

hot drinks	small	med	lge
Cappuccino	5.00	5.50	6.00
Flat White	5.00	5.50	6.00
Long Black	5.00	5.50	6.00
Latte	5.00	5.50	6.00
Hot Chocolate	5.00	5.50	6.00
Mocha	5.00	5.50	6.00
Chai Latte	5.00	5.50	6.00
Green Matcha	5.20	5.70	6.20
Macchiato	4.70		
Piccolo	4.70		
Pot of Tea	5.50		
english breakfast, peppermint, earl gre chamomile, lemongrass	y, chai, gr	een,	
Extra Shot			0.80
Syrup			0.80
Vanilla, Hazelnut, Caramel			0.80
			0.90
			0.90
Soy, Almond, Lactose Free, Oat Milk			
E .			
cold drinks			
Milkshake		8.50	
chocolate strawberry banana vanilla			

Millionarie	0.00
chocolate, strawberry, banana, vanilla, caramel	
Kids Milkshake	6.50
Thickshake	9.50

Soft drinks and bottled juices available

MONDAY – FRIDAY 6:00AM – 1:30PM SATURDAY – SUNDAY 7:00AM – 1:30PM

smoothies	10.50
Mango Tango mango, banana, mango nectar, yoghur	t
Mixed Berry mixed berries, banana, yoghurt, honey Banana banana, yoghurt, honey	
Add protein powder	2.00
fresh juices	10.00
Sunrise watermelon, apple, orange, passionfrui Immune orange, carrot, ginger, lemon	it
Revive carrot, celery, orange, pineapple, ginge Green Goddess mint, cucumber, celery, spinach, apple	r
Wellness Juice Shot	5.50
Fresh Orange Juice	9.00
Fresh Apple Juice	9.00
Iced Latte	7.50
Iced Chai	7.50
Iced Long Black	7.50
Iced Coffee	8.50
Iced Chocolate	8.50
Iced Mocha	8.50
add whipped cream	0.70

COFFEE

Coffee



BREAKFAST	
Eggs Your Way (v) Poached, scrambled or fried free range eggs, served o your choice of bread plus add additional extras	14.50 n
Double Bacon & Egg Roll Two rashers of bacon, two free range fried eggs, on a Brioche bun with your choice of sauce	14.00
BG Big Breakfast (gfo) 1 slice of sourdough topped with two free range eggs, bacon, chorizo, roasted tomato, house beans, mushrooms, hash brown and sauteed spinach	28.00
Brekkie Wrap Bacon, scrambled eggs, hash brown, cheese and your choice of sauce toasted on a white tortilla wrap	18.50
Chilli Eggs (v) 1 slice of sourdough, scrambled eggs, crisp chilli oil, fe and cherry tomatoes topped with crispy fried shallots	
Breakfast Burger Bacon, hash brown, 2 Free Range eggs, cheese and house made relish on a toasted brioche bun	18.50
Smashed Avo (v) With cherry tomato, feta, avocado, two poached eggs sourdough with paprika and roasted sesame seeds	20.00 , on
Eggs Bene (v) Sourdough, sauteed spinach, two poached eggs, hollandaise, smoked leg ham and a hash brown	20.00
Pancakes or French Toast (v)	19.50
House made pancakes OR golden French toast served maple syrup and strawberries. Add ice-cream \$2	l with
Mushroom & Halloumi Stack (v, gfo)	20.00
Mushroom, spinach, roast tomato, halloumi and two poached eggs on toasted sourdough, drizzled with pe	esto
Porridge (v)	16.50
Creamy cinnamon porridge served with stewed apple drizzled with honey and topped with pepitas	es,
Strawberry Ricotta toast (v)	15.00
Sourdough toast topped with smooth ricotta, toasted almonds and strawberries, drizzled with honey	l flaked
Crispy chorizo breaky taco	16.00

Scrambled eggs, chorizo and cheese encased in a crispy taco, topped with Pico de Gallo. Make it two +\$5

LUNCH 😂

Gourmet Toastie Chicken, spinach, cheddar cheese, tomato, aioli and pesto toasted on sourdough	17.00
The Reuban Toastie Silverside, house-made pickles, sauerkraut, swiss cheese and a house-made sauce toasted on sourdoug	17.00 _{gh}
Sweet Chilli Chicken Wrap Poached chicken, spinach, cheese, avo, aioli and sweet chilli sauce toasted in a white tortilla wrap	17.00
American Cheeseburger House made beef patty, melted American cheese, pickles and sauce on a brioche bun served with chips on the side Make it a double - \$5	22.00
Burrito Bowl (v, gfo) Rice, black beans, tomato & corn salsa, smashed avo, onion and a warm tortilla Add Chicken or salmon - \$5	20.00
Steak Sandwich Tomato, cheese, onion, pesto and aioli on toasted sourdough topped with onion rings and served with chips	23.50
Chicken Caesar Salad (vo, gfo) Warm poached chicken, cos lettuce, bacon, parmesan and croutons mixed with a creamy Caesar dressing and topped with a poached egg	21.00
Soup of The Day	18.00
House made soup served with toasted sourdough and butter. Check with staff for todays flavour	d
KIDS	12.00
Lil Breaky	
Scrambled eggs and bacon on white bread toast	
Baby Cakes Pancake with strawberries and a side of maple syrup Add Ice cream +\$2	
Chicken Nuggets Chicken nuggets with a side of chips	

EXTRAS

bacon \$4, salmon \$5, tomato \$3, Roasted Field Mushroom \$4, Hash \$4, Spinach \$3, House Beans \$4, Avo \$4, Egg (1) \$2, Halloumi \$5, Chicken \$5, Ice Cream \$2, GF bread \$2, Extra Toast \$2, Hollandaise sauce \$2, Aioli \$2, other sauces and condiments 50c

GF – Gluten Free, V – Vegetarian, GFO – Gluten Free Option, VO – Vegetarian Option Please be aware that we take every precaution to ensure we cater for your dietary requirements but can not 100% guarantee. A 10% surcharge applies on weekends and 15% on public holidays. Credit card surcharge of 1.4% applies to card payments