

## **FOOD**



## breakfast

Eggs Your Way (v)	00
Double Bacon & Egg Roll	00
BG Big Breakfast (gfo) 28.0 28.0 28.0 28.0 28.0 28.0 28.0 28.0	00
Brekkie Wrap18.0 Bacon, scrambled eggs, hash brown, cheese and your choice of sauce toasted on a white tortilla wrap	00
Spicy Bean Bowl	50
Chilli Eggs (v)	
Breakfast Burger 18.0 Bacon, hash brown, 2 Free Range eggs, cheese and house made relish on a toasted brioche bun	00
Smashed Avo (v)19.1 With cherry tomato, feta, avocado, two poached eggs, on sourdough with paprika and roasted sesame seeds	50
Eggs Bene (v)	50
Pancakes (v)19.0 Golden brown pancakes topped with strawberries and maple syrup   Add ice cream \$2	00
French Toast (v) 19.0 Golden brown French toast drizzled with maple syrup and topped with fresh strawberries   Add ice cream \$2	00
Porridge (v) 15.9 hot creamy cinnamon porridge served with caramelised apples, walnuts and pepitas	50
Fritter Bowl (v, gf)	50

## lunch

Gourmet Toastie	15.00
The Reuban ToastieSilverside, house-made pickles, sauerkraut, swiss cheese and a house-made sauce toasted on sourdou	16.00
Sweet Chilli Chicken Wrap  Poached chicken, spinach, cheese, avo, aioli and sweet chilli sauce toasted in a white tortilla wrap	15.00
Chilli Jam Halloumi Burger (v)  Grilled Halloumi, pickled cucumber, fresh spinach, carrot, tomato, aioli and chilli jam on a brioche bun Add chips \$4	17.50
Burrito Bowl (v, gfo)	19.50
Steak Sandwich	23.50
Caesar Salad (vo, gfo) Poached chicken, cos lettuce, bacon, parmesan and croutons mixed with a creamy Caesar dressing and topped with a poached egg	20.00
Soup of the DayServed with toasted sourdough and cultured butter	16.00
kids	11.00
Lil Breaky Scrambled eggs and bacon, on white bread	
Baby Cakes Pancake with strawberries and a side of maple syru	p
Toastie Ham and cheese toastie, with a side of chips	
Add kids colouring activity pack \$2.00	

bacon \$4, salmon \$5, tomato \$3, Roasted Field Mushroom \$4, Hash \$4, Spinach \$3, House Beans \$3, Avo \$4, Egg (1) \$2, Chicken \$5, Ice Cream \$2, GF bread \$2, Extra Toast \$2, Hollandaise sauce \$1, Aioli \$1, other sauces and condiments 50c



## DRINKS



hot drinks	small	med	lge	smoothies 10.00	
Cappuccino	4.70	5.20	5.70	Mango Tango mango, banana, mango nectar, yoghurt	
Flat White	4.70	5.20	5.70		
Long Black	4.70	5.20	5.70	Mixed Berry	
Latte	4.70	5.20	5.70	mixed berries, banana, yoghurt, honey	
Hot Chocolate	4.70	5.20	5.70	Banana banana, yoghurt, honey  Add protein powder	
Mocha	4.70	5.20	5.70		
Chai Latte	4.70	5.20	5.70		
Green Matcha	4.70	5.20	5.70	fresh juices10.00	
Macchiato	4.70	5.20	5.70	Sunrise	
Piccolo	4.50			watermelon, apple, orange, passionfruit	
Pot of Tea	5.00				
english breakfast, peppermint, earl grey, chai, green, chamomile, lemongrass				orange, carrot, ginger, lemon	
Extra Shot			0.70	Revive	
Syrup Vanilla, Hazelnut, Caramel			0.70	carrot, celery, orange, pineapple, ginger	
				Green Goddess mint, cucumber, celery, spinach, apple	
Alternative Milk			0.70	Fresh Orange Juice9.00	
Soy, Almond, Lactose Free, Oat Milk				Fresh Apple Juice 9.00	
cold drinks					
Milkshake		8.00		Iced Latte 7.50	
chocolate, strawberry, banana, vani caramel	lla,			Iced Chai 7.50	
Kids Milkshake		6.00		Iced Long Black7.50	
			Iced Coffee 8.50		
Thickshake		9.00		lced Chocolate 8.50	

MONDAY - FRIDAY 6:00AM - 2:00PM SATURDAY - SUNDAY 7:00AM - 2:00PM

Housemade lemon & Lime Bitters 7.50

Soft drinks and bottled juices available

Frappe .....

coffee or chocolate



Iced Mocha ...



add whipped cream 0.50





8.50